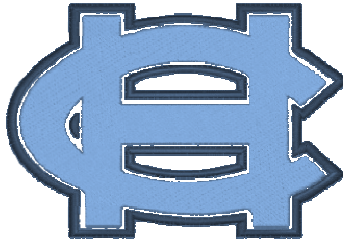


Colonial Hills Christian School



2011 Summer Basketball Opportunities

June:

Eddie Lee Wilkins Summer Basketball Tournaments: Cost \$50.00

4 local Saturday tournaments. Up to three games per tournament

For boys and girls: 5/6 grade team, 7/8 grade team, 14U girls, 14U boys, 16Uboys

Fill out the Future & Lady Stars Summer League registration form and turn in with \$50.00 to the High School Office by May 20, 2011. Make checks out to CHCS. Practices will be incorporated in the Skopos Summer Skill Workout program. This covers the cost of the league fee plus four Saturday Tournaments. We need at least seven players for each team to make this work. If there are not enough to make a team your fee will be fully refunded.

Skopos Summer Skill Workouts: Cost: \$20.00 (includes moisture wicking workout shirt)

This event has been a staple of the CHCS basketball program for the past ten years. This is our first year to provide this opportunity in the evening instead of in the mornings. Open to boys and girls 5th -12th grade. This program starts Tuesday June the 7th and continues throughout July on Tuesday and Thursday evenings from 6:00pm - 8:00pm. Starting at the fundamentals up to advanced basketball skills and game knowledge, **high intensity skill workouts** for those players who desire to be better.

Fill out the Skopos Skill Workout Program registration form & fee and turn in to the High School Office by Friday May 20, 2011. Make checks out to CHCS.

Strength/Conditioning Training: Cost: Free

For boy and girl athletes in any sport in grades 6th -12th. Athletes in 6th -8th grades are coached in plyometric exercises only, no weights are used in this grade level. Athletes in grades 9-12th use a combination of plyometrics and weight training techniques to gain strength and speed. **No fee.** Located in the weight room on the first floor of the Van Gorder building. Monday 6:00-7:30pm, Wednesday 4:00-5:30pm and Fridays 6:00-7:30pm starting June 6th. Fill out registration form and return to High school office by Friday May 20, 2011.

Clayton State Team Camp for JV and Varsity Boys: June 19-23

Cost: 60.00, Make checks payable to CHCS

We play ten games during this week against other schools at Clayton State in Morrow Ga.

Games are played between 4:30pm -9:00pm, two games a night. We will leave the school and return to the school each day. Contact Coach Johnson of your intent to participate along with \$60.00 fee no later than Friday May 20,2011. Make checks out to CHCS.

Please call or email the Athletic Department at 770-941-2604, or pjohnson@chrams.org if you have any questions.